

1 Bottled water

This fact sheet provides information about water quality in the bottled water provided by SES Water during an emergency.

There is also some information regarding bottled waters than can be purchased in shops.

Can I use bottled water supplied by SES Water to make up baby formula?

Yes. Bottled water provided by water companies must comply with the Water Supply (Water Quality) Regulations and therefore a bottle of water supplied by SES Water can be used in the same way as tap water for all purposes.

Can I purchase bottled water from a shop to make up baby formula?

It is not recommended that shop bought bottled water is used to make up infant formula feeds. This is because some brands may contain too much salt (sodium) or sulphate (also written as SO₄).

How much sodium and sulphate is in the bottled water supplied by SES Water?

As the Water Supply (Water Quality) Regulations stipulate that tap water will contain less than 200 milligrams (mg) a litre of sodium (Na) and no more than 250 mg a litre of sulphate (SO₄), bottled water supplied by water companies also has to comply with these figures.

How much sodium and sulphate is in bottled water purchased from shops?

Different brands of bottled water contain different levels of sodium and sulphate. The label on the bottle of water will provide details of the sodium (Na) and sulphate (SO₄) levels, in that specific bottle of water.

Are bottled waters sterile?

No. Although tap water is disinfected to ensure it is microbiologically safe, neither tap water or bottled waters are sterile. As bottled water is not sterile, it will need to be boiled like tap water before you prepare your baby's formula.

How do I make up baby formula with bottled water supplied by SES Water?

It will need to be boiled like tap water before being used to prepare your baby's formula. Bottled water needs to be boiled at a temperature of at least 70°C. It is important to let the formula solution cool before you give it to your baby.

Can I drink bottled water supplied by SES Water during pregnancy?

Yes, bottled water is safe to drink whilst being pregnant.

Can I give bottled water supplied by SES Water to my pets?

Yes, bottled water is suitable for both human and animal consumption.

Where should I store bottled water?

It is recommended that bottled water is always stored at room temperature, or cooler, and out of direct sunlight. Once opened, the bottled should then be stored in the fridge. The water should also be used by the date indicated on the bottle.

What happens if bottled water is left in a hot car?

If water is stored within a warm environment, like a hot car, you may notice a difference in the taste and odour and it is possible a green colouration can develop. If this colouration appears, it is recommended that the bottled water is not consumed.